

THE HIGHLANDS

Nibbles/Starters

Marinated olives £2.95 **Mixed breads**, oils & butter £4.50 **Garlic Bread** £2.75 **Cheesy Garlic bread** £3.50
Nachos, guacamole, sour cream, salsa £5.95 **Soup** of the day, bread £5.75
Mezze- Hummus, pitta bread, olives sundried tomatoes £5.50 Salt & pepper **Squid**, garlic mayo £6.25
Tiger prawns, sweet chilli & garlic butter, bread £7.25 **Cajun Chicken skewers**, pitta bread, tzatziki £6.50
Creamy Garlic mushrooms, toasted ciabatta, peas shoots £6.25
Camembert baked with Honey, garlic & rosemary, chutney, toasted ciabatta £7.25

Mains

Sussex pork & herb sausages, mash, vegetables, onion gravy £11.50
Home cooked **ham**, eggs, chunky chips £10.50
Highlands homemade '**pie of the day**' mash, vegetables, gravy £11.95
Beer battered **Fish & Chips**, mushy peas, tartare sauce £11.75
Breaded **wholetail scampi**, chips, garden peas, tartare sauce £11.25
'Fishermans Pie- (cod, salmon, haddock & prawns), peas & carrots £12.95
Calves Liver & bacon, mash potato, onion gravy, red cabbage £12.95

Burgers £11.50

'Funky fungi', **Beef** patty, Stilton, flat mushroom **'Highlands' Beef** patty, Monterey jack cheese, bacon,
'Mexicana' Beef patty, spicy cheese, jalapenos, guacamole (vg) **Breaded BBQ Jackfruit** burger
'Hawaiian Burger' Chargrilled chicken breast, bacon, jack cheese, pineapple, BBQ sauce
(v) **Halloumi**, roasted red pepper, grilled mushroom, pesto
All burgers are served with fries, garnish, burger relish. **Add sweet potato fries for £1.25 extra**
Go skinny... have your burger without bun & have a side salad instead

Sea bass fillet, sauce Vierge, stir-fried green vegetables, new potatoes £13.50

Grilled whole Newhaven plaice, fries, peas, caper butter £13.50

Salmon fillet en crouete, roasted new potatoes, seasonal vegetables £13.95

8oz Sirloin steak, chips, tomato, watercress, mushroom, peppercorn sauce £19.95

10oz Ribeye chips, tomato, watercress, mushroom, peppercorn sauce £21.95

Gammon steak, fried egg, pineapple, chips, garden peas £12.25

South Indian, squash, aubergine & chick pea curry, rice & naan bread £11.50

Roasted squash & spinach lasagne, garlic bread, salad £11.50

Wellington of Brie, mushroom, walnut & cranberry, new potatoes, vegetables & tomato sauce £11.95

Sides - Chunky chips £3.25 Seasoned fries £3 Sweet potato fries £4.25

Salad bowl £2 Mixed vegetables £2.50 Roll & Butter £2.25

Please inform your server if you have any specific dietary requirements or allergen advice