

THE HIGHLANDS

Nibbles/Starters

Marinated olives £2.95 **Mixed breads**, oils & butter £4.50 **Garlic Bread** £2.75 **Cheesy Garlic bread** £3.50

Nachos, guacamole, sour cream, salsa £5.95 **Soup** of the day, bread £5.75

Mezze- Hummus, pitta bread, olives sundried tomatoes £5.50 Salt & pepper **Squid**, garlic mayo £6.25

Tiger prawns, garlic butter, bread £7.25 **Cajun Chicken skewers**, pitta bread, tzatziki £7.25

Creamy Garlic mushrooms, toasted ciabatta, peas shoots £6.25

Charcuterie plate, Parma ham, salami, chorizo, olives, sun dried tomatoes, warm bread £7.50

Camembert baked with Honey, garlic & rosemary, chutney, toasted ciabatta £7.25

Halloumi Fritters, fresh sliced tomato, honey & mustard dressing £5.95

Mains

Sussex pork & herb sausages, mash, vegetables, onion gravy £11.50

Home cooked **ham**, eggs, chunky chips, piccalilli £10.50

Highlands homemade '**pie of the day**' mash, vegetables, gravy £11.95

Beer battered **Fish & Chips**, mushy peas, tartare sauce £11.75

Breaded **wholetail scampi**, chips, garden peas, tartare sauce £11.25

'**Sussex Smokie**'- **Smoked haddock** in a creamy cheddar, leek & mustard sauce, topped with breadcrumbs, with new potatoes & green vegetables £12.95

Burgers £11.50

'**Funky fungi**', **Beef** patty, Stilton, flat mushroom **'Highlands'** **Beef** patty, Monterey jack cheese, bacon, **'Mexicana'** **Beef** patty, spicy cheese, jalapenos, guacamole **Chicken** burger, tomato salsa, bacon Monty jack cheese

'**Hawaiian Burger**' Chargrilled chicken breast, bacon, jack cheese, pineapple, BBQ sauce

(v) **Halloumi**, roasted red pepper, grilled mushroom, pesto (vg) **Breaded BBQ Jackfruit** burger,

All burgers are served with fries, garnish, burger relish. **Add sweet potato fries for £1.25 extra**

Go skinny... have your burger without bun & have a side salad instead

Highlands **Ploughman's**- ham, cheddar, stilton, sausage, pickle, apple, celery, crusty bread, piccalilli £10.95

Sea bass fillet, sauce Vierge, stir-fried green vegetables, new potatoes £13.50

Salmon fillet, pesto crumb, new potatoes, sun kissed tomato & olive salad £13.95

Warm Chicken, bacon & avocado salad, pesto dressing £11.50

8oz Sirloin steak, chips, tomato, watercress, mushroom, peppercorn sauce £19.95

Peri Peri Pork loin steak, fries, salad, coleslaw £11.95

Parmesan & herb crumbed chicken schnitzel, fries, salad, £12.50

Gammon steak, fried egg, pineapple, chips, garden peas £12.25

Sweet potato, spinach, cauliflower & chick pea curry, rice & poppadum £11.50

Roasted vegetable **lasagne**, garlic bread, salad £11.50

Wellington of Brie, mushroom, walnut & cranberry, new potatoes, vegetables & tomato sauce £11.95

Sides

Chunky chips £3.25 Seasoned fries £3 Sweet potato fries £4.25

Salad bowl £2 Mixed vegetables £2.50 Roll & Butter £2.25

Please inform your server if you have any specific dietary requirements or allergen advice