

The Highlands September 2020

Light bites...

- Olives** £3 **Deep Fried squid**, paprika mayo **£6** **Garlic bread** **£2.50** (add cheese **£1**)
Breaded whitebait, tartare sauce **£6** Highlands **Nachos** **£5.50**
Creamy garlic mushrooms on toasted ciabatta **£5.50** **Mezze** - hummus, olives & pitta bread **£5.50**
Heritage & Sun blushed Tomato bruschetta. Served with basil pesto **£5.95**
Garlic and Chilli Prawns, toasted multi-seed **£6.95**
Soup of the Day, served with sourdough bread **£5.95**

Burgers £11

(Served with bun, fries & garnish)

- Highlands**- Beef burger topped with bacon & cheese
Mexican Beef burger- beef burger topped with jalapenos, spicy cheese & guacamole
Southern Fried Chicken- buttermilk marinated chicken with house spices, smoky mayo (**add cheese £1**)
Halloumi, fried Halloumi, roasted pepper mayo
The Vegan- breaded Jackfruit & mixed bean burger, tomato salsa

Mains

- Beer Battered Fish & Chips**, mushy peas, tartare sauce **£11**
Breaded wholetail scampi, chips, garden peas **£11**
Ham, Egg and Chips **£10**
Sussex Smokie- smoked haddock with cheddar, mustard & leek sauce, new potatoes, savoy cabbage, broccoli **£12.50**
Pork & leek sausages, mash, vegetables, gravy **£11**
Homemade pie of the day, mash, vegetables, gravy **£12.50**
Roasted Vegetable Lasagne, garlic bread & salad **£11**
Mac n Cheese, with spring onion & garlic bread **£10** (**add bacon £1**)
Vegan Curry (**Sweet potato, spinach, peppers, spring onion, lime leaf, tomatoes, aubergine & courgette**), served with rice & poppadum **£11.95**
Pan Seared Seabass, fire roasted red pepper & courgette risotto **£13.95**
Confit Duck Leg, chorizo and puy lentil cassoulet with green beans **£15.00**
Chilli Con Carne, rice, sour cream, cheddar, tortilla chips **£11**
8oz Sirloin Steak, served with chips, tomato, mushroom & a peppercorn sauce **£19.95**

Kids £5

- Chicken nuggets** & fries
Sausages, mash, beans
Cheeseburger, fries
Mac n Cheese, garlic bread
Battered Fish Fingers, peas

Please ask a member of staff if you need allergy advice

Sides

Fries **2.50** Cheesy fries **£3**
Cheesy bacon fries **£3.5** Sweet potato fries **£4**
Dressed side salad **£2.5** Warm roll/ciabatta & butter **£2.25**

Sandwiches Mon-Sat 12:00pm-14:30pm

Filled ciabattas/ multi seed roll £6.50

Fish finger tartare sauce, gem lettuce
Hot sausage, onion chutney
Tuna mayo & cucumber
Cheddar & Chutney
Ham, tomato & mustard
Mozzarella, pesto & roasted red pepper **(add chicken £2)**
Garlic Chicken, lettuce & mayo

Desserts £6

Chocolate brownie, chocolate sauce, ice cream
Sticky toffee pudding, toffee sauce, ice cream
Seasonal Crumble, custard
Chocolate & coconut torte, raspberry sorbet
Treacle Tart, vanilla ice cream
Baked Lemon Cheesecake, served with raspberry coulis
Eton Mess

Ice creams available £1.75 scoop.

(Salted Caramel, Honeycomb, Strawberry, Double Choc Chip, Mint Choc Chip and Vanilla,
Plum & Cinnamon, Banana Fudge)

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